

ENTRUST MEDICAL GROUP

Post-operative Instructions

Turbinate Reduction

Please take the time to read these instructions carefully. If you have any questions or concerns, either before or after your surgery, please contact your surgeon's office.

AFTER YOUR TURBINATE REDUCTION

- Keep your nose moist with saline spray. Use it every 2 hours while awake for 7 days.
- **DO NOT** blow your nose if packing has been placed in your nose.
- See your physician 7-10 days after surgery:

POSSIBLE SIDE EFFECTS

- You may feel drowsy and nauseated from the anesthesia.
- Minor bleeding is expected.

CONTACT YOUR PHYSICIAN

- If you have a fever greater than 101.5F.
- If you have any discolored (yellow/green tinted) nasal discharge.
- If you have severe pain not controlled by prescribed pain medication
- If you have any questions or concerns.

Dr. del Junco
714 543 2000

Dr. Lee
714 543 2000

Dr. Shabdiz
714 543 2000