

# ENTRUST MEDICAL GROUP

## Post-operative Instructions

# Turbinate Reduction

*Please take the time to read these instructions carefully. If you have any questions or concerns, either before or after your surgery, please contact your surgeon's office.*

### **AFTER YOUR TURBINATE REDUCTION**

- Keep your nose moist with saline spray. Use it every 2 hours while awake for 7 days.
- **DO NOT** blow your nose if packing has been placed in your nose.
- See your physician 7-10 days after surgery:

### **POSSIBLE SIDE EFFECTS**

- You may feel drowsy and nauseated from the anesthesia.
- Minor bleeding is expected.

### **CONTACT YOUR PHYSICIAN**

- If you have a fever greater than 101.5F.
- If you have any discolored (yellow/green tinted) nasal discharge.
- If you have severe pain not controlled by prescribed pain medication
- If you have any questions or concerns.

*Dr. Amin*  
714 954 6928

*Dr. del Junco*  
714 543 2000

*Dr. Lee*  
714 543 2000